

INDIAN PENCAK SILAT FEDERATION

5th PENCAK SILAT FEDERATION CUP 2021-22

(SENIOR –MEN & WOMEN)

26-28TH MARCH 2022 AT LOVELY PROFESSIONAL UNIVERSITY- PHAGWARA-PUNJAB

RESULT OF SENIOR WOMEN TUNGGAL

SNO	NAME	STATE	MEDAL	CERTIFICATE NO
1	MITALI	DELHI	GOLD	001
2	BHOOMIKA JITENDRA JAIN	MADHYA PRADESH	SILVER	002
3	PRERNA HAZARIKA	ASSAM	BRONZE	003
4	AFIYA MUDGALLA	KARNATAKA	BRONZE	004

RESULT OF SENIOR WOMEN GANDA

SNO	NAME	STATE	MEDAL	CERTIFICATE NO
1	AKNEET SAGAR	PUNJAB	GOLD	005
	NISHA CHOUDHARY		GOLD	006
2	FARAH FAROOQ	JAMMU & KASHMIR	SILVER	007
	RAABIA FAROOQ		SILVER	008
3	SAPNA MEENA	RAJASTHAN	BRONZE	009
	POOJA		BRONZE	010
4	KHUSHBOO	JAMMU & KASHMIR	BRONZE	011
	RAMEEN KHAN		BRONZE	012

RESULT OF SENIOR WOMEN REGU

SNO	NAME	STATE	MEDAL	CERTIFICATE NO
1	MITALI	DELHI	GOLD	013
	SHITAL		GOLD	014
	MUSKAN		GOLD	015
2	BHINDER KAUR	PUNJAB	SILVER	016
	JASWINDER KAUR		SILVER	017
	SAPNA		SILVER	018
3	JYOTIKA SINGH RAJBHAR	RAJASTHAN	BRONZE	019
	POOJA		BRONZE	020
	SAPNA		BRONZE	021

RESULT OF SENIOR WOMEN SOLO

SNO	NAME	STATE	MEDAL	CERTIFICATE NO
1	AAMINA BASHIR	JAMMU & KASHMIR	GOLD	022
2	ANUSHREE KUSHWAHA	MADHYA PRADESH	SILVER	023
3	MUSKAN	DELHI	BRONZE	024
4	KAMLESH	HARYANA	BRONZE	025

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SNO	NAME	STATE	MEDAL	CERTIFICATE NO
1	ABHISHEK KUMAR GAUTAM	DELHI	GOLD	026
2	HUIDROM BISHAN MEETEI	MANIPUR	SILVER	027
3	JAGDISH KUMAR CHOUDHARY	RAJASTHAN POLICE	BRONZE	028
4	BUNTY	HARYANA	BRONZE	029

RESULT OF SENIOR MEN GANDA

SNO	NAME	STATE	MEDAL	CERTIFICATE NO
1	ASHISH KUMAR SINGH	DELHI	GOLD	030
	ADARSH		GOLD	031
2	NASSIR AHMAD DIGOO	JAMMU & KASHMIR	SILVER	032
	RAVEES AHMAD		SILVER	033
3	KAMARAJ	TAMIL NADU	BRONZE	034
	SIVA KUMAR		BRONZE	035
4	ADITYA CHOPRA	JAMMU & KASHMIR	BRONZE	036
	VARUN SINGH JAMWAL		BRONZE	037

RESULT OF SENIOR MEN REGU

SNO	NAME	STATE	MEDAL	CERTIFICATE NO
1	ANUJ DATTA GURU SARNAIK	MAHARASHTRA	GOLD	038
	OMKAR GANESH ABHANG		GOLD	039
	SAHIL BABASO BOTE		GOLD	040
2	NASIR BASHIR	JAMMU & KASHMIR	SILVER	041
	MUNEER FERAZ		SILVER	042
	MUFTI TAHA		SILVER	043
3	AAKASH GUPTA	DELHI	BRONZE	044
	ADARSH		BRONZE	045
	ASHISH KUMAR SINGH		BRONZE	046
4	CHELLADURAI	TAMIL NADU	BRONZE	047
	CHELLA PANDI		BRONZE	048
	MADHAN		BRONZE	049

RESULT OF SENIOR MEN SOLO

SNO	NAME	STATE	MEDAL	CERTIFICATE NO
1	ARYAN	PUNJAB	GOLD	050
2	ABHISHEK KUMAR GAUTAM	DELHI	SILVER	051
3	ANKIT VISHWAKARMA	MADHYA PRADESH	BRONZE	052
4	MOHAMMAD AZHARUDDIN	KARNATAKA	BRONZE	053

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RESULT OF SENIOR WOMEN TANDING

WEIGHT: CLASS UNDER 45 KGS				
SNO	NAME	STATE	MEDAL	CERTIFICATE NO
1	MALA	DELHI	GOLD	054
2	SIMRAN	PUNJAB	SILVER	055
3	KOMAL DEVI	PUNJAB	BRONZE	056
4	HITESH KUMARI	HARYANA	BRONZE	057
WEIGHT: CLASS A 45-50 KGS				
SNO	NAME	STATE	MEDAL	CERTIFICATE NO
1	MANAVI KATAL	JAMMU & KASHMIR	GOLD	058
2	CHANDNI	DELHI	SILVER	059
3	POOJA	RAJASTHAN	BRONZE	060
4	SONIA CHHABRA	PUNJAB	BRONZE	061
WEIGHT: CLASS B 50-55 KGS				
SNO	NAME	STATE	MEDAL	CERTIFICATE NO
1	SABAHAT AFREEN	JAMMU & KASHMIR	GOLD	062
2	SAPNA MEENA	RAJASTHAN	SILVER	063
3	SHITAL	DELHI	BRONZE	064
4	KAVITA RANI	PUNJAB	BRONZE	065
WEIGHT: CLASS C 55-60 KGS				
SNO	NAME	STATE	MEDAL	CERTIFICATE NO
1	PREETI	DELHI	GOLD	066
2	MUSKAN SHABAN	JAMMU & KASHMIR	SILVER	067
3	KOMAL KATARIA	RAJASTHAN	BRONZE	068
4	PRERNA HAZARIKA	ASSAM	BRONZE	069
WEIGHT: CLASS D 60-65 KGS				
SNO	NAME	STATE	MEDAL	CERTIFICATE NO
1	JASWINDER	PUNJAB	GOLD	070
2	SUMAN LATA	RAJASTHAN	SILVER	071
3	MYSARA MOHI UD DIN	JAMMU & KASHMIR	BRONZE	072
4	GAYATRI	DELHI	BRONZE	073
WEIGHT: CLASS E 65-70 KGS				
SNO	NAME	STATE	MEDAL	CERTIFICATE NO
1	BILQIS MAQBOOL	JAMMU & KASHMIR	GOLD	074
2	BHOOMIKA BANNIKOPPA	KARNATAKA	SILVER	075
3	JASJEET KAUR	PUNJAB	BRONZE	076
WEIGHT: CLASS F 70-75 KGS				
SNO	NAME	STATE	MEDAL	CERTIFICATE NO
1	BHOOMIKA JITENDRA JAIN	MADHYA PRADESH	GOLD	077
2	SUDHA SHAUHAN	DELHI	SILVER	078
3	TOWSEefa HASAN	JAMMU & KASHMIR	BRONZE	079
4	POOJA RANI	PUNJAN	BRONZE	080

WEIGHT: CLASS G 75-80 KGS				
SNO	NAME	STATE	MEDAL	CERTIFICATE NO
1	MANJINDER KAUR	PUNJAB	GOLD	081
2	SEHRISH MUSHTAQ	JAMMU & KASHMIR	SILVER	082
3	SHIKHA CHAUHAN	DELHI	BRONZE	083
4	MADHU KUMARI	HIMACHAL PRADESH	BRONZE	084
WEIGHT: CLASS H 80-85 KGS				
SNO	NAME	STATE	MEDAL	CERTIFICATE NO
1	JAHANVI KATAL	JAMMU & KASHMIR	GOLD	085
2	PAWANPREET KAUR	PUNJAB	SILVER	086
3	ARTI KUMARI	DELHI	BRONZE	087
4	SHALINI SINGH	UTTAR PRADESH	BRONZE	088
WEIGHT: CLASS OPEN 1 80-100 KGS				
SNO	NAME	STATE	MEDAL	CERTIFICATE NO
1	LAKSHMI MALVIYA	MADHYA PRADESH	GOLD	089
2	TOWZIA	JAMMU & KASHMIR	SILVER	090
3	SUVETHA	TAMIL NADU	BRONZE	091
4	ANJU	PUNJAB	BRONZE	092
WEIGHT: CLASS OPEN 2 ABOVE 100 KGS				
SNO	NAME	STATE	MEDAL	CERTIFICATE NO
1	SHANIBA JAN	JAMMU & KASHMIR	GOLD	093
2	PEMA CHOTAN	HIMACHAL PRADESH	SILVER	094
3	NISTHA CHAKRABORTY	TRIPURA	BRONZE	095
4	PRIYANKA OLA	RAJASTHAN	BRONZE	096

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WEIGHT: CLASS UNDER 45 KGS				
SNO	NAME	STATE	MEDAL	CERTIFICATE NO
1	SHUBHAM JAYASWAL	UTTAR PRADESH	GOLD	097
2	ANIL ARYA	DELHI	SILVER	098
3	RAHUL	PUNJAB	BRONZE	099
4	SUBHAM CHOUDHARY	RAJASTHAN	BRONZE	100
WEIGHT: CLASS A 45-50 KGS				
SNO	NAME	STATE	MEDAL	CERTIFICATE NO
1	RAHUL	JAMMU & KASHMIR	GOLD	101
2	JITENDRA KUMAR	RAJASTHAN	SILVER	102
3	ABHISHEK YADAV	UTTAR PRADESH	BRONZE	103
4	SAHIL BABASO BOTE	MAHARASHTRA	BRONZE	104

WEIGHT: CLASS B 50-55 KGS

SNO	NAME	STATE	MEDAL	CERTIFICATE NO
1	SHREYASH SARJERAO BOTE	MAHARASHTRA	GOLD	105
2	TAWQEER FAROOQ	JAMMU & KASHMIR	SILVER	106
3	ANUP SINGH	DELHI	BRONZE	107
4	NAKUL	HARYANA	BRONZE	108

WEIGHT: CLASS C 55-60 KGS

SNO	NAME	STATE	MEDAL	CERTIFICATE NO
1	THOUNAOJAM JOHNSON	MANIPUR	GOLD	109
2	GULSHAN RAJBHAR	UTTAR PRADESH	SILVER	110
3	SUHAS PANDURANG PATIL	MAHARASHTRA	BRONZE	111
4	SUDHAKAR	UTTAR PRADESH	BRONZE	112

WEIGHT: CLASS D 60-65 KGS

SNO	NAME	STATE	MEDAL	CERTIFICATE NO
1	HUIDROM BISHAN MEETEI	MANIPUR	GOLD	113
2	SURAJ YADAV	UTTAR PRADESH	SILVER	114
3	PUSHPENDRA SINGH	RAJASTHAN	BRONZE	115
4	KRISHNA	PUNJAB	BRONZE	116

WEIGHT: CLASS E 65-70 KGS

SNO	NAME	STATE	MEDAL	CERTIFICATE NO
1	OMKAR GANESH ABHANG	MAHARASHTRA	GOLD	117
2	AADIL MAZOOOR PEER	JAMMU & KASHMIR	SILVER	118
3	VIKRAM GHATALA	RAJASTHAN	BRONZE	119
4	AKHIL SHARMA	JAMMU & KASHMIR	BRONZE	120

WEIGHT: CLASS F 70-75 KGS

SNO	NAME	STATE	MEDAL	CERTIFICATE NO
1	DEEPAK	HARYANA	GOLD	121
2	PUSHPENDRA KUMAR	DELHI	SILVER	122
3	RAGHVENRA SHARMA	MADHYA PRADESH	BRONZE	123

4 | MANISH KUMAR

| PUNJAB

| BRONZE

| 124

WEIGHT: CLASS G 75-80 KGS

SNO	NAME	STATE	MEDAL	CERTIFICATE NO
1	AJAY KUMAR	PUNJAB	GOLD	125
2	ADESHWAR VAID	JAMMU & KASHMIR	SILVER	126
3	ANIL KUMAR GH	KARNATAKA	BRONZE	127
4	ASIF ALI	MADHYA PRADESH	BRONZE	128

WEIGHT: CLASS H 80-85 KGS

SNO	NAME	STATE	MEDAL	CERTIFICATE NO
1	RAVI CHOUDHARY	RAJASTHAN	GOLD	129
2	LOVENEET SADOTRA	PUNJAB	SILVER	130
3	GOPAN V	KERALA	BRONZE	131
4	OMKAR PRADEEP MOHITE	MAHARASHTRA	BRONZE	132

WEIGHT: CLASS I 85-90 KGS

SNO	NAME	STATE	MEDAL	CERTIFICATE NO
1	ANUJ DATTAGURU SARNAIK	MAHARASHTRA	GOLD	133
2	SOORAJ PRAKASH	UTTAR PRADESH	SILVER	134
3	SUHEEL AHMAD DAR	JAMMU & KASHMIR	BRONZE	135
4	AMRATYA PARIK	RAJASTHAN	BRONZE	136

WEIGHT: CLASS J 90-95 KGS

SNO	NAME	STATE	MEDAL	CERTIFICATE NO
1	AKASHDEEP	PUNJAB	GOLD	137
2	AJAY SHARMA	JAMMU & KASHMIR	SILVER	138
3	ROHITASH KUMAR	RAJASTHAN	BRONZE	139
4	NAVEEN	HARYANA	BRONZE	140

WEIGHT: CLASS OPEN 1 95-110 KGS

SNO	NAME	STATE	MEDAL	CERTIFICATE NO
1	CHENA RAM SEPAT	RAJASTHAN	GOLD	141 / 419
2	TAWZEEH MUJEEB	JAMMU & KASHMIR	SILVER	142
3	GAGANDEEP SINGH	PUNJAB	BRONZE	143
4	DINESH KUMAR	TAMIL NADU	BRONZE	144

WEIGHT: CLASS OPEN 2 ABOVE 110 KGS

SNO	NAME	STATE	MEDAL	CERTIFICATE NO
1	SUHAIB JEELANI	JAMMU & KASHMIR	GOLD	145
2	KHEM SINGH	RAJASTHAN	SILVER	146 / 418
3	BIKRAMJIT SINGH	PUNJAB POLICE	BRONZE	146
4	HARISH MANNAN	PUNJAB	BRONZE	148